

Thompson Rivers Parks & Recreation District

8U Soccer Rules



Equipment

- Size 3 soccer ball
- Shin guards are required.
- Players need to wear soccer cleats with rubber or plastic cleats, no metal spikes allowed.
- All players must have the green/white reversible jersey.

Players

- Games will be 4 v 4 with no goalie.
- Each player will receive equal playing time with positions being rotated.
- Substitutions shall be made halfway through each quarter of play.

Start of Game

- Team that wins the coin toss will choose side to attack. Other team takes the kickoff.
- Kickoff at the start of each quarter, kickoff after each goal.
- Each team member must be on their half of the field at kickoff. Other team members must be outside of the center circle.
- The player taking the kickoff cannot touch the ball again until another team member has touched the ball.
- A goal cannot be scored directly from the kickoff.

The Game

- 15-minute quarters, three in total. Total game time: 45 minutes
- 5-minute halftime. No change in direction of play.
- All fouls result in a Throw-in.

Offenses

- Kicks or attempts to kick an opponent
 - Trips an opponent
 - Jumps at an opponent
 - Charges an opponent
 - Strikes or attempts to strike an opponent
 - Pushes an opponent
 - No offsides, no slide tackling.
 - Opponent makes contact with an opposing player before contacting the ball
 - Holds an opponent
 - Spits at an opponent
 - Handles the ball deliberately
 - No penalty kicks
 - No corner kicks
 - No goal kicks, all replaced by throw-ins
- Proper throw-in requires**
- The thrower faces the field
 - Throw ball with both hands
 - Throws the ball directly over his/her head
 - Both feet on the ground
 - Behind the touch line
 - A second throw-in will be allowed if the player does not perform the throw-in correctly on the initial attempt. The coach shall explain the proper technique before allowing the player to re-throw.

Coaches

- One coach per team is allowed and suggested to be on the field while the game is being played. Head coaches will officiate and keep time.

Weather Cancellations

- In case of inclement weather, games will be cancelled at TRPR's discretion and will be updated on the weather line (970-572-7888)
- Make up games will only be made if time allows.

